

LAMB LEG ROAST WITH GEMOLATA

Lamb leg roast with gremolata, roasted broccoli, pumpkin seeds, sweet & sour tomato sauce and potato salad

2 persons

1 piece lamb leg roast, approx 400 g 2 tbsp olive oil salt and pepper

Rub the meat with olive oil, season with salt and black pepper and sear in a pan on both sides before transferring onto an oven pan. Roast at 180°C for 20-25 minutes, rest for 10 minutes and slice before serving.

GREMOLATA

bunch Italian parsley, chopped
 cloves garlic, grated
 lemons, zest only

Mix all ingredients together and refrigerate until use.

POTATO SALAD

400 g potatoes, cooked and sliced in half
100 g green olives, sliced
2 tbsp capers
2 tbsp Italian parsley
1 tbsp dijon mustard
1 tbsp honey
4 tbsp olive oil

Mix all ingredients together and season with salt and pepper.

ROASTED BROCCOLI

1 nice size broccoli 2 Tbsp olive oil Seasalt

Cut the broccoli to fairly large size florets, place on a roasting pan w baking paper. Toss with the oil and seasalt. Bake at 180°C for 15 minutes.

SWEET TOMATO SAUCE

1 small can tomatoes 1⁄2 onion chopped 1 clove garlic, grated 1⁄2 tsbp dried oregano 2 tbsp honey

Sautée the onion and garlic for 2 min, add the red wine vinegar, tomatoes,honey and oregano and cook for 10 min.



RECIPE PREPARED BY ICELANDIC LAMB